



Executive Profile

Russ Foster

Russ Foster is a seasoned professional with over 35 years of invaluable experience in the development and management of health care systems. His expertise spans various critical areas, including capitation agreements, rate development methodology, and business plan development. Throughout his career, he has made significant contributions in financial modeling and analysis, particularly in the context of IPA and MSO development and enhancement, capitated reimbursement programs, and the design and analysis of utilization and cost structures within managed care systems.

In his current role as a Senior Advisor at Athena Group Consulting, Russ Foster is dedicated to collaborating closely with boards of directors and clients, with a sharp focus on developing effective risk strategies, ensuring compliance with licensing requirements, and navigating the complex regulatory landscape in California.

Prior to his tenure at Athena Group Consulting, Russ served as a Senior Advisor at Mazars USA, where his responsibilities included providing guidance on financial modeling, risk strategies, and ensuring compliance with the stringent Knox Keene licensing standards for risk entities in California.

Moreover, Russ was instrumental as a Principal and Co-founder of pmpm® Consulting Group Inc., a well-established health care consulting firm based in Sacramento, California. The firm specialized in delivering a range of essential managed care services, including network development, contracting, credentialing, regulatory monitoring, oversight, and compliance audits, catering to both payers and providers.

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Russ's extensive executive experience includes serving as an Executive Director for two IPAs and one MSO, as well as holding the position of Vice President & General Manager at Health Plan of America (HPA), where he oversaw all group and provider service activities and managed site development for HPA's Northern California region. He possesses a strong background in utilization and cost reporting systems, risk modeling, and financial compliance audit programs, reflecting his comprehensive understanding of the intricacies of managed care systems.

Russ Foster earned his Bachelor of Arts degree in Accounting and Business from Golden Gate University, further bolstering his practical expertise with a strong academic foundation.