



Executive Profile

Sheila Stephens

Sheila Stephens has over thirty years' experience in a myriad of clinical, administrative, and consulting services. She has a Bachelor of Science in nursing and a master's in public health. She has written and co-authored numerous articles related to managed care and respective operations, certifications, and licensing.

Ms. Stephens has in-depth experience in plan-to-plan contracting, state and federal regulatory requirements, and development of all required programs including compliance, oversight, fraud and abuse, quality, grievance and appeals and utilization management. Her expertise extends to all applicable Knox Keene Exhibits as required by the State of California, and all applicable submissions, timelines, and attestations as required by the Part C – Medicare Advantage and 1876 Cost Plan Expansion Application.

In her current role as a Senior Advisor at Athena Group Consulting, Sheila is dedicated to collaborating closely with clients, with a sharp focus on developing effective risk strategies, ensuring compliance with licensing requirements, and navigating the complex regulatory landscape in California.

Sheila Stephens

Senior Advisor

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